1	2	3	4	5	6	7	1
C	D	E	F	G	A	В	C

These are the notes in the key of C major.

C Dm Em F G Am Bdim

These are the diatonic chords when playing in the key of C major.

Finger = +3 +2 +1 0 -1 -2 -3

Interval =
$$7^{th}$$
 DN 5^{th} DN. 3^{rd} DN. 3^{rd} UP 5^{th} UP 7^{th} UP

Chord = Dm F Am C Em G Bdim

Each finger will move to the next diatonic note.

Legend

+ = fingers Up

- = fingers Down

n = number of fingers

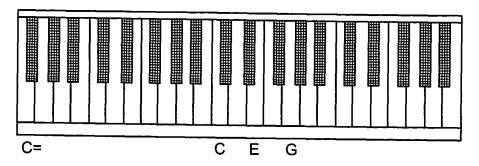
Finger =	0	+3	-1	+2	-2	+1	-3
Interval =		2 nd	3 rd	4 th	5 th	6 th	7^{th}
Chord =	С	Dm	Em	F	G	Am	Bdim

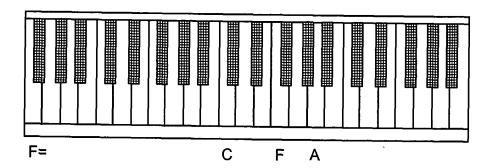
Legend

+ = fingers Up

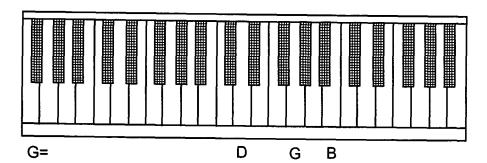
- = fingers Down

n = number of fingers

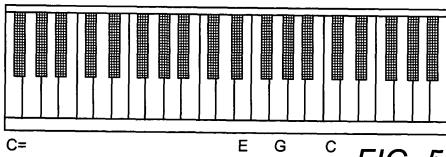




+3

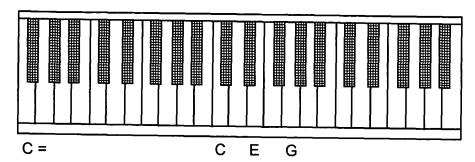


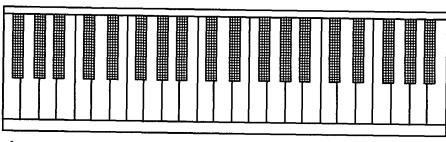
+2



Progression: C, F, G, C

⁶ FIG. 5

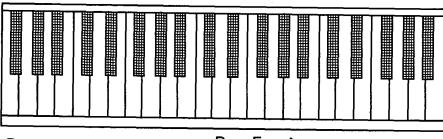




Am =

С Ε Α

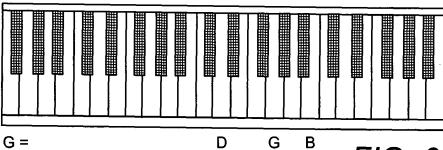
+2



Dm =

D F Α

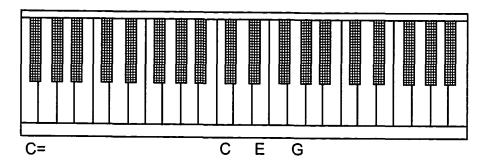
+2



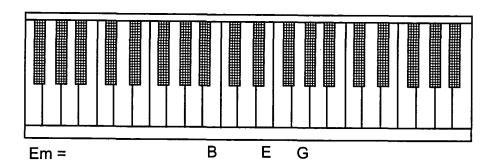
G =

Progression: C, Am, Dm, G

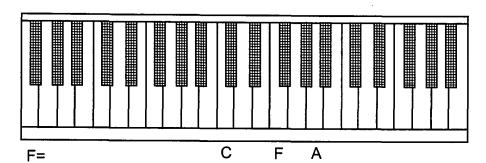
В FIG. 6



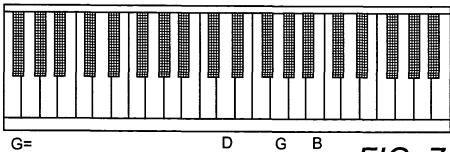
-1



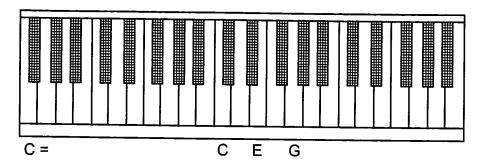
+3



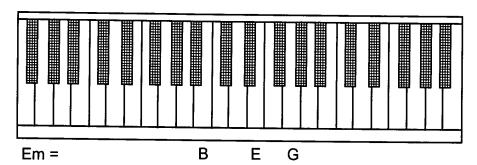
+3



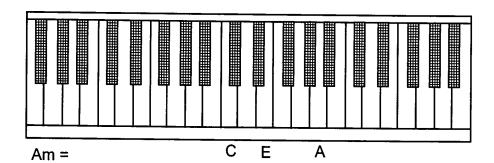
Progression: C, Em, F, G



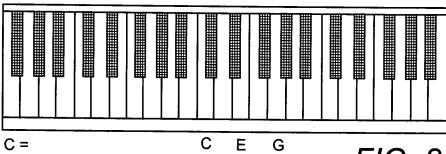
-1



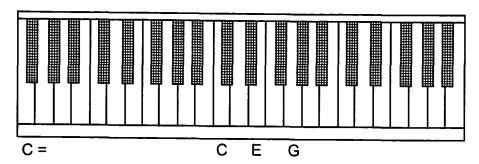
+2

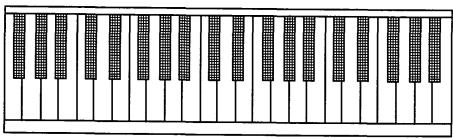


-1



Progression: C, Em, Am, C

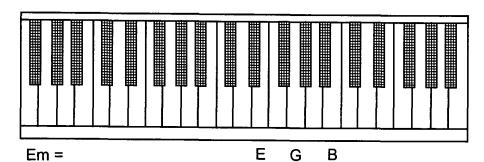




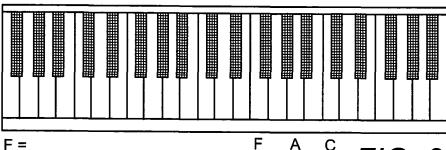
Dm =

DFA

+3

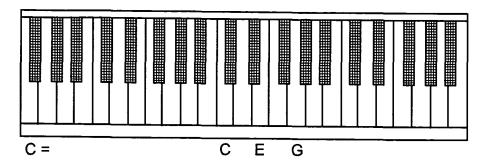


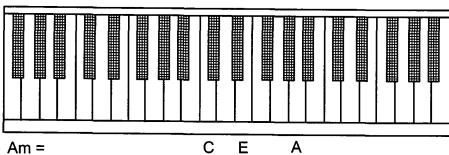
+3



-- ^{A C} FIG. 9

Progression: C, Dm, Em, F

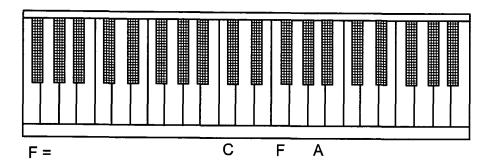




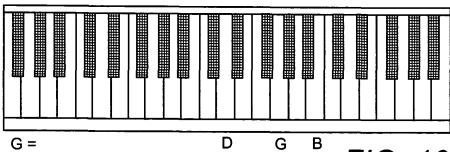
Am =

С Ε

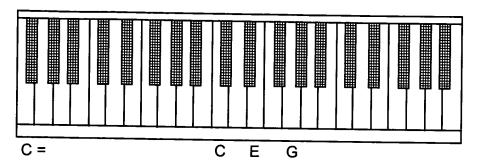
+1



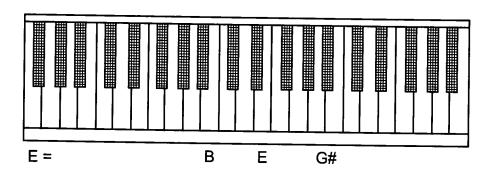
+3



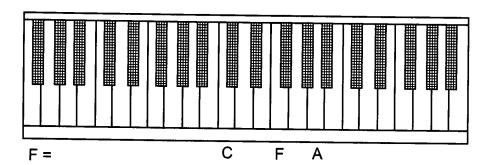
Progression: C, Am, F, G



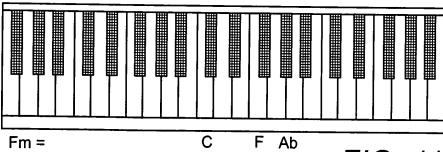
-1 & +1



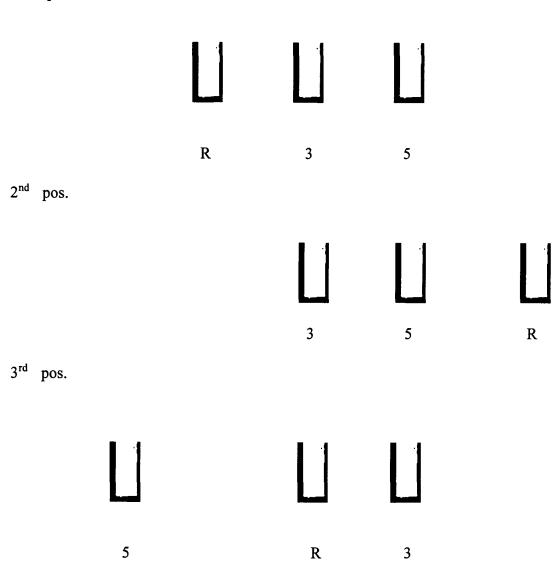
+3



-1



Progression: C, Emaj, F, Fm



There are three basic shapes for chords: the root position, the second position and the third position.

Fig. 12